

BREAKFAST ALL DAY

SHRIMP & GRITS 15.00

Georgia's #1 Shrimp & Grits, Jekyll Island Competition 2016
poached egg*, spicy pork andouille sausage,
tomato white wine butter, pan roasted okra

FRIED CHICKEN BISCUIT 12.00

Springer Mountain Farms fried chicken, bacon, white cheddar,
tomato gravy, choice of roasted garlic grits or skillet potatoes

BLUE PLATE 9.75

two eggs*, biscuit, choice of bacon, country ham, pork link
sausage or turkey sausage (vegetarian sausage + \$1),
choice of roasted garlic grits or skillet potatoes

TOFU SCRAMBLE 9.25

tofu scrambled with vegetarian sausage, spinach, mushrooms,
onions, peppers, choice of roasted garlic grits or skillet potatoes
(+ \$1 wrapped in a whole wheat tortilla)

GEORGIA BENEDICT 10.50

turkey sausage patties, two eggs*, turkey sausage gravy over
split biscuit, choice of roasted garlic grits or skillet potatoes

WESTSIDE PILEUP 10.50

skillet potatoes topped with onions, peppers, cheddar cheese,
bacon, two eggs*

PULLED PORK BREAKFAST WRAP 11.00

pulled pork, scrambled eggs, cheddar cheese, fried onions,
chipotle bbq sauce, in a whole wheat tortilla

BLACK BEAN CAKES & EGGS 9.50

two eggs*, chipotle salsa, sour cream on spicy bean cakes,
choice of roasted garlic grits or skillet potatoes

SOUR CREAM PANCAKES

syrup and spiced honey butter (+ chocolate chips \$1)

TALL STACK (3) 8.00
SHORT STACK (2) 6.00

BELGIAN WAFFLE 6.00

syrup and spiced honey butter

BUILD YOUR OWN BISCUIT

BISCUIT	1.50
ADD BACON, COUNTRY HAM OR PORK LINK SAUSAGE	2.00
ADD TURKEY SAUSAGE	1.75
ADD VEGETARIAN SAUSAGE	2.25
ADD CHEDDAR CHEESE	75¢
ADD EGG	1.50

PIMIENTO CHEESE & BACON OMELET 11.00

biscuit, choice of roasted garlic grits or skillet potatoes

OMELET

3 eggs, biscuit, choice of roasted garlic grits or skillet potatoes	7.50
ADD BACON OR COUNTRY HAM	2.00
ADD TURKEY SAUSAGE	1.25
ADD VEGETARIAN SAUSAGE	2.25
ADD CHEDDAR CHEESE	75¢
ADD OTHER CHEESE	EACH 1.00
goat cheese, monterey jack, pepper jack, smoked gouda, swiss	
ADD VEGGIES	EACH 75¢
mushrooms, onions, bell peppers, tomato, spinach, jalapeno	

OLD FASHIONED OATMEAL 6.00

available daily until noon

ADD COMPOTE \$1 / ADD BROWN SUGAR & CINNAMON \$1
ADD RAISINS \$1 / ADD WALNUTS \$1 / ADD COCONUT \$1

GRANOLA & ATLANTA FRESH YOGURT 7.50

cranberry, almond, honey

SIDES

ROASTED GARLIC GRITS / SKILLET POTATOES	2
BACON / COUNTRY HAM / PORK LINK SAUSAGE	4
TURKEY SAUSAGE	3
TURKEY SAUSAGE GRAVY	2
VEGETARIAN SAUSAGE	3.50
BISCUIT / TOAST / ENGLISH MUFFIN	1.50
BISCUIT & GRAVY	3.50
SOUP	3/5
MIXED GREENS	2
BLACK BEAN CAKES	3.50
FRIED GREEN TOMATOES	3
SOUR CREAM	75¢
SALSA	50¢
LOCAL HONEY	50¢

*sub egg whites \$1.50
SPRING 2017

*ADVISORY: THE CONSUMPTION OF RAW OR UNDERCOOKED FOODS SUCH AS MEAT, POULTRY, FISH, SHELLFISH AND EGGS WHICH CONTAIN HARMFUL BACTERIA, MAY CAUSE SERIOUS ILLNESS OR DEATH